

Neatishead, Salhouse & Fleggburgh Federation

Austism (ASD) & ADHD Assessment Guidance



Options for assessment

The Neurodevelopmental Service (NDS)

- **How long is the wait?** The current waiting time is 4-5 years.
- **Where is my child referred to?** Neatishead & Salhouse are usually referred to the Norwich NDS team. Children at Fleggburgh are referred to The Newbury Centre in Yarmouth.
- **Who can refer?** SENCO's can refer with evidence from school and home.

NHS Right to Choose

- **What is Right to Choose?** - If you are a registered NHS patient in England and your GP refers you for specialist treatment (such as an ADHD or Autism assessment) you have the legal right to choose an appropriate healthcare provider.
- **How much does it cost?** These assessments are commissioned by the NHS, (so are free) but are usually conducted online. You would need to decide if this method would be appropriate for your child.
- **How long is the wait?** Usually less than 1 year. Most providers list the current waiting time on their websites.
- **Who can refer?** GPs with evidence from at least two settings i.e. home and school.
- **ADHD Right to Choose** - This site keeps an up to date list of ADHD Right to Choose providers: <https://adhduk.co.uk/right-to-choose/>
- **Autism Right to Choose** - Finding an Autism Right to Choose provider can be harder but not impossible. Please note that some places will only assess adults and some companies will pause their referrals if their waiting lists become too long.

Private Assessments

- **How long is the wait?** Waiting times when you go private are considerably shorter, sometimes as quickly as 6-8 weeks. This depends on the provider and their case load.
- **How much does it cost?** You might expect to pay around £750+ for a full ADHD assessment. Autism assessments are more expensive, usually starting at £1500+.
- **How do I know who to use?** It is imperative that you do your research. The professionals involved should have the right qualifications, training and be registered with the relevant regulatory bodies. Please see this document (snip below) that will be loaded on our websites.



Advice on seeking Neurodevelopmental Independent Assessments

It is recognised that the current waiting times for Autism and Attention Deficit Hyperactivity Disorder (ADHD) assessments are long. The number of requests for assessment received each month is much higher than our NHS neurodevelopmental teams can manage. For this reason, parents, carers and concerned adults are exploring other ways to ensure their child can be seen quickly, which includes paying for private (independent) assessments or asking their GP for their [Right To Choose](#) a provider.

What help is out there for our family?

<https://www.justonenorfolk.nhs.uk/media/tqoplriv/family-support-norfolk.pdf>

Local Authority advice on Neurodevelopmental Services:

<https://www.norfolk.gov.uk/article/40860/Advice-on-seeking-neurodevelopmental-assessments>